

PILATES

10,20,30 Challenge

You will feel better in ten sessions, look better in twenty sessions,
and have a completely new body in thirty sessions." ... Joseph Pilates

*Celebrate the holidays and welcome in the new year with
these PILATES options for yourself or for someone special!*

Session packages & bonus add on's!

■ Package of 10

1 Complimentary Pilates Session | Aspen Grey/Joov Red Light Therapy Session
Beautydot/\$25 Gift Certificate | Spray Me Golden/25% off Single Spray Tan | Clothes Bar/10% Discount

■ Package of 20

2 Complimentary Pilates Sessions | Aspen Grey/Inbody before & after Completing Pilates package
Beautydot/\$50 Gift Certificate | Spray Me Golden/35% off Single Spray Tan | Clothes Bar/20% Discount

■ Package of 30

3 Complimentary Pilates Sessions | Aspen Grey/Joov Red Light therapy Session AND Inbody before & after
completing Pilates package | Beautydot/\$75 Gift Certificate, Spray Me Golden/50% off Single Spray Tan
Clothes Bar/30% Discount

To purchase, schedule your sessions, and for more information contact
the studio at 316-634-3120 OR kharsh@genesishealthclubs.com



Rock Road

pilates